

## [MENTAL HEALTH ADDICTION SERVICES](#)

**Alcoholics Anonymous** 503-399-0599  
**AA-Salem.com**  
687 Cottage St NE  
Support to maintain sobriety

**Bridgeway** 503-363-2021  
**bridgewayrecovery.com**  
3325 Harold Dr NE  
Alcoholism information and treatment center, bilingual services

**Marion County Health Department** 503-576-4660  
**co.marion.or.us**  
2035 Davcor St SE  
Alcohol and drug assessment, treatment services, counseling

**New Directions Behavioral Health** 503-364-9957  
**ndbh.com**  
3737 Portland Rd NE  
Outpatient alcohol and drug treatment for youth

**Recovery Outreach Community Center** 503-393-4273  
**rocbsalem.org**  
2555 Silverton Rd NE Suite C  
Drop-in center, mental health and addiction support by peers

## [BABY AND FAMILY SERVICES](#)

**Birth Right of Salem** 503-585-2273  
**birthrightofsalem.org**  
1880 Lancaster Dr NE #124  
Diapers, maternity and baby clothing, free pregnancy tests  
Mon, Tues, Thurs, Fri 10:00 a.m. - 1:00 p.m., Wed until 4:00 p.m.

**Catholic Community Services- Safe Families for Children**  
**ccswv.org** 503-580-4672  
Respite care in host homes for children whose family is in crisis. No restriction of parental rights; contact with children is encouraged

**Childcare Resource and Referral** 503-585-2491  
**familybuildingblocks.org**  
2475 Center St NE  
Childcare resources for Marion, Polk, and Yamhill counties  
Mon - Fri 8:00 a.m. - 5:00 p.m.

**Family Building Blocks**  
**Chelsea's Place- 2425 Lancaster Dr NE** 503-566-2132  
**Gracie's Place- 1135 Edgewater St NW** 503-363-3057  
For families with children 6 weeks - 5 years old, respite care, early childhood education, clothes, food pantry, and family support

**Marion County Women, Infants and Children (WIC)**  
**co.marion.or.us** 503-588-5057  
1660 Oak St SE  
Provides supplemental food, food vouchers, nutrition education, referrals to health services, and counseling  
Mon - Fri 8:30 a.m. - 5:00 p.m., Tues & Wed until 7:00 p.m.

**Michael the Archangel** 503-581-2229  
**mtasalem.org**  
1725 Capitol St NE  
Support services for mothers and children, diapers, formula, baby food, children & maternity clothes, free pregnancy tests  
Mon, Wed 1:00 p.m. - 3:00 p.m., Thurs/Fri 11:30 a.m. - 2:30 p.m.

## [EARLY CHILDHOOD EDUCATION](#)

**Confederated Tribes of Siletz Head Start** 503-393-6942  
3960 Chemawa Rd SE  
Early Head Start for Native American children 3-4 years old

**Family Building Blocks Early Head Start**  
**Chelsea's Place- 2425 Lancaster Dr NE** 503-566-2132  
**Gracie's Place- 1135 Edgewater St NW** 503-363-3057  
Supports early childhood, family development for low income pregnant women & families with children up to age 3

**MWVCAA Head Start** 503-581-1152  
**mwwcaa.org**  
2475 Center St NE  
Preschool program service low-income families

**Oregon Child Development Coalition** 503-485-0899  
**ocdc.net**  
4611 Lancaster Dr NE  
Early Head Start for migrant and seasonal farm workers, services for pregnant women and children to age 3

**Salem-Keizer Head Start** 503-399-5510  
**salkeiz.k12.or.us/parents/head-start**  
1850 45th Ave NE  
Child development program serving children ages 3-5

## [EDUCATION](#)

**Early College High School** 503-365-4800  
**echs.salkeiz.k12.or.us**  
4071 Winema Place NE, Building 50  
Joint venture between Chemeketa Community College and Salem-Keizer Public Schools for students to complete their high school diploma and earn college credits

**McKinney-Vento Program (MVP)**  
1309 Ferry St SE 503-391-4060  
MVP provides educational support that enables students without a home, or in transition, to achieve academic success. Support may include school supplies, transportation, academic support, and referrals to resources

**Mid-Valley Literacy Center** 503-463-1488  
**midvalleyliteracycenter.org**  
1850 45th Ave NE  
Adult literacy, ESL, GED, pre-CNA  
Mon, Tues, Wed, Thurs 10:00 a.m. - 8:00 p.m.

**Roberts High School** 503-399-5550  
**roberts.salkeiz.k12.or.us**  
3620 State St

**Roberts High School Annex** 503-399-5550  
1115 Commercial St NE  
Alternative education to complete high school diploma, provides a smaller learning environment, behavioral support, and academic recovery

**Roberts Downtown Learning Center** 503-399-3421  
**roberts.salkeiz.k12.or.us/dtlc**  
360 Commercial St NE  
Support and services to earn a GED for students ages 16 - 21

**Roberts- Teen Parent Program** 503-399-3105  
**roberts.salkeiz.k12.or.us/program/tpp/** 503-365-4800  
4071 Winema Place NE, Building # 50  
Smaller learning environment for teen parents and pregnant teens

**UGM Learning Centers** 503-362-3983  
**ugmsalem.org**  
345 Commercial St NE  
Tutoring, academy skills, GED, and job readiness. Must be enrolled in New Life Fellowship Program

**Winema High School Completion** 503-399-5293  
**www.chemeketa.edu/programs-classes/high-school-programs/**  
4071 Winema Place NE, Building 50, Room 102  
Structured classes offered in the day and evenings for youth 16-20 years old

## [EMERGENCY ASSISTANCE \(CRISIS\)](#)

**Center for Hope & Safety 24 hour Hotline** 503-399-7722  
24-hour crisis hotline, free transportation home  
**Human Trafficking Hotline** 1-888-373-7888  
**National Runaway Safeline** 1-800-RUNAWAY  
**NW Human Services** 503-581-5535

**Crisis and Information Hotline** 1-800-560-5535  
**Keizer Police Dept (non-emergency)** 503-390-2000  
**Salem Police Dept (non-emergency)** 503-588-6123  
**211 Community Resource Network**  
Call 211 or help@211info.org or text your zip code to 898211

## [EMPLOYMENT](#)

**The DPI Group** 503-856-9563  
**thedpigroup.com**  
4660 Portland Road NE, Suite 108  
Employment training for people with disabilities

**UGM Employment & Career Services** 503-967-6388  
**ugmsalem.org**  
745 Commercial St NE  
Job readiness, resume assistance; must be enrolled in New Life Fellowship Program

**Goodwill Job Connections** 503-798-9103  
**goodwilljobconnection.org**  
3535 Lancaster Dr NE  
Free job search and referral program

**Job Corps** 503-589-4066  
3865 Wolverine St NE #6  
High school or GED completion, job training for youth ages 16-24 and low income

**People Ready** 503-363-9577  
**peopleready.com/locations/salem-or-1123**  
Assistance in seeking temporary employment

**Willamette Workforce Partnership** 503-581-1002  
**willwp.org**  
626 High St NE, Suite 305  
Several programs for training and career readiness for adults, support for youth ages 16-24 completing a diploma or GED, gaining work experience, and earning industry credentials

**WorkSource Oregon** 503-378-4846  
**Worksourceoregon.org**  
605 Cottage St NE  
Assistance to for resume building, job search/training and information

**Employment website:**  
indeed.com idealist.org simplyhired.com  
snagajob.com monster.com

## [FOOD/CLOTHING/FURNITURE](#)

**Helping Hands** 503-364-9936  
**helpinghands-salem.org**  
1755 13th St SE  
Free clothing, diapers, bus passes, financial assistance, employment and interview clothes by appointment  
Mon - Thurs, Sat 9:00 a.m. - 12:00 p.m.

**Keizer Community Food Bank** 503-871-9100  
4505 River Rd N (Faith Lutheran Church)  
Food pantry; Mon 6:00 p.m. - 7:30 p.m.; Thurs 9:30 a.m. - 11:00 a.m.

**Kingwood Bible Church** 503-399-9600  
**kingwoodbible.net**  
1125 Elm St NW  
Food boxes 1st & 3rd Saturday of the month, 10:00 a.m. - 12:00 p.m.

**Mano a Mano Family Center**  
**Colonia Libertad** 503-315-2290  
2921 Saddle Club St SE, Suite # 9  
Food boxes Tues - Thurs 1:00 p.m. - 5:45 p.m.  
**Northgate** 503-363-1895  
3850 Portland Rd NE, Suite 214  
Food boxes Tues, Wed, Thurs 1:00 p.m. - 5:45 p.m.

**Mission of Hope Silvercreek Fellowship @ Houck Middle School**  
1155 Connecticut SE  
Last Saturday of the month 10:00 a.m. - 12:00 p.m.

**Salem Adventist Community Center** 503-363-8893  
1860 Summer St NE  
Clothing, diapers, food boxes, and household items  
Mon & Tues 10:00 a.m. - 12:00 p.m.

**Salem Evangelical Church/Precious Children** 503-581-0102  
**salemec.com**  
455 Locust St NE  
Food pantry last two Thursday's of the month 10:00 a.m. - 12:00 p.m.

**Salvation Army** 503-585-6688  
1977 Front St  
Food pantry daily from 9:00 a.m. - 12:00 p.m., financial assistance for rent, utilities, medicine, and transportation

**Shared Blessings** 503-364-0002  
1675 Wallace Rd  
Food pantry Wed 8:30 a.m. – 12:00 p.m.

**St. Vincent de Paul Society** 503-364-5672  
3745 Portland Rd NE  
Rent & utility assistance, clothing & furniture, sack lunches. Food pantry  
Mon, Tues, Wed & Fri 10:00 a.m. - 1:45 p.m., Thurs 11:00 a.m. - 1:45 p.m.

## [HEALTH](#)

**Clinical Medical Nuestra Senora de Guadalupe**  
1495 Liberty St NE 503-364-5818  
Low cost medical care to Spanish speaking families

**Lancaster Family Health Center** 503-588-0076  
3896 Beverly Ave NE, Bldg J, # 40  
Medical and dental services for low-income families, sliding fee scale for uninsured, OHP, Spanish and Russian

**Medical Foundation of Marion & Polk Counties** 503-362-9669  
**Project Access/Med Assist**  
4985 Battlecreek Rd SE, Suite 102  
Facilitate access to medical services and resources for prescription costs  
Mon – Thurs 8:30 a.m. – 5:00 p.m., Fri 8:30 a.m. – 3:00 p.m.

**Mental Health/Counseling Clinics** 503-689-1585  
3850 Portland Rd NE  
Call to schedule an appointment

**Polk County Free Clinic** 503-831-0551  
320 SE Fir Villa Rd, Dallas  
1<sup>st</sup> and 4<sup>th</sup> Saturday 9:00 a.m. – 12:00 p.m.

**Salem Free Medical Clinic** 503-990-8772  
**salemfreecinics.org**  
1300 Broadway St NE, Suite 104  
Call to schedule an appointment

**West Salem Medical Clinic** 503-378-7526  
1233 Edgewater St NW  
Medical services for low income, sliding fee scale for the uninsured, OHP

**West Salem Mental Health Clinic** 503-378-7526  
1245 Edgewater St NW  
Mental health services, medication assistance for 18+  
Monday – Friday 8:00 a.m. – 5:00 p.m.

**West Salem Dental Clinic** 503-378-7526  
190 Kingwood St NW  
Dental services for low income, sliding fee scale for the uninsured, OHP  
Monday – Friday 7:00 a.m. – 5:30 p.m.

**WFCM Health** 503-585-6388  
**wfmhealth.org**  
435 Lancaster Dr NE  
Sliding scale for uninsured, OHP, Spanish and Russian

**HOUSING**

**Salem Housing Authority** 503-588-6368  
[salemhousingor.com](http://salemhousingor.com)  
 360 Church St SE  
 Housing programs for low-income individuals and families in Salem and Keizer  
 Monday – Friday 7:30 a.m. – 4:30 p.m.

**City of Salem HUD Apartments** 503-588-6368  
 Call for information. Subsidized apartments; contact each apartment complex

**Mano a Mano Colonia Libertad** 503-315-2290  
 2921 Saddle Club St, Suite #1009  
 Housing for low income and migrant families

**Marion County Housing Authority** 503-798-4170  
[co.marion.or.us/ha](http://co.marion.or.us/ha)  
 2645 Portland Rd NE, Suite #200  
 Housing programs for low-income individuals and families in Marion County

**Oxford Homes** 971-218-1891  
[oxfordvacancies.com](http://oxfordvacancies.com)  
 Call hotline for vacancies. House membership responsible for shared household expenses; contact each house

**Shangri-La** 503-581-1732 ext. 374  
[shangri-laoregon.org](http://shangri-laoregon.org)  
 4080 Reed Rd SE # 150  
 Housing assistance for people with disabilities

**The ARCHES Project** 503-399-9080  
[mwvcaa.org](http://mwvcaa.org)  
 615 Commercial St NE  
 Support services, case management, housing and rental assistance, tenant education for homeless individuals and families (RENT)

**West Valley Housing Authority** 503-623-8387  
[wvpha.org](http://wvpha.org)  
 204 SW Walnut St, Dallas  
 Housing programs for families in Polk County

**LEGAL**

**Catholic Charities Immigration Legal Services** 503-542-2855  
[catholiccharitiesoregon.org](http://catholiccharitiesoregon.org)  
 2740 SE Powell Blvd, # 2, Portland  
 Immigration legal services to low income immigrants and refugees

**Mano a Mano Family Center** 503-315-2290  
**Colonia Libertad**  
 2921 Saddle Club St SE, Suite # 1009

**Northgate** 503-363-1895  
 3850 Portland Rd NE, Suite 214  
 Free consultation with attorney, low income, migrant

**Marion Polk County Legal Aid** 503-581-5265  
[oregonlawhelp.org](http://oregonlawhelp.org) 1-800-359-1845  
 Legal aid for low income  
 Appointments available Mon, Tues, Wed

**SHELTERS**

**ARCHES Drop In Day Center** 503-399-3080  
[mwvcaa.org/programs/crp/](http://mwvcaa.org/programs/crp/)  
 615 Commercial St NE  
 Sack lunches, laundry, showers, telephone access, hygiene products  
 Monday – Friday 9:30 a.m. – 12:30 p.m.

**Center for Hope & Safety** Main Office 503-378-1572  
[hopeandsafety.org](http://hopeandsafety.org) Hotline 503-399-7722  
 605 Center St NE  
 Emergency shelter for domestic violence victims, advocacy, and education

**Community Outreach, Inc. (COI)** 541-758-3000  
[communityoutreachinc.org](http://communityoutreachinc.org)  
 865 NW Reiman Ave, Corvallis  
 Emergency shelter, transitional housing, case management, health services, and daycare

**NWHS HOAP Drop In Center** 503-588-5827  
 694 Church St NE  
 Lunch, showers, laundry, telephone access, mental health support for homeless individuals ages 18+, crisis intervention  
 Mon – Fri 9:00 a.m. – 2:00 p.m., Families 2:00 p.m. – 5:00 p.m.  
 Women only hours, Mon & Thurs 9:00 a.m. – 11:00 a.m.

**NWHS Transitional Living Program & Drop In** 503-588-5825 HOST  
 503-361-0380 TLP  
 1143 Liberty St NE  
 Street outreach, crisis intervention, family reunification. Housing up to 18 months for ages 18-22 and overnight emergency shelter for ages 11 -24

**Salem Interfaith Hospitality Network** 503-370-9752  
 1055 Edgewater St NW  
 Emergency housing for homeless families with children

**Salvation Army Lighthouse Shelter** 503-585-6688  
[saalem.kroccenter.org](http://saalem.kroccenter.org)  
 1901 Front St  
 Transitional housing up to 6 months for homeless men and women ages 18+

**Simonka Place** 503-362-7487  
 5119 River Rd N  
 Emergency and transitional shelter for women 18+ and children (boys under the age of 12)

**Signs of Victory Family Shelter** 541-967-8545  
 1100 SE Jackson St, Albany  
 Emergency shelter for families

**St. Francis Shelter** 503-588-0428  
[sfssalem.org](http://sfssalem.org)  
 1820 Berry St SE  
 Transitional shelter for families with children and pregnant women. Hours Mon – Fri 10:00 a.m. – 2:00 p.m.

**Taylor’s House** 503-391-6428 HOME  
 220 15<sup>th</sup> St SE, Salem OR 97301  
 24/7 shelter, emergency housing for youth ages 11 – 18 years old

**Union Gospel Mission** 503-362-3983  
[ugmsalem.org](http://ugmsalem.org)  
 345 Commercial St NE  
 An overnight shelter for homeless males ages 18+

**Women at the Well Grace House** 971-600-3627  
[womenatthewellgracehouse.com](http://womenatthewellgracehouse.com)  
 Emergency & transitional shelter for single women ages 18+

**SOCIAL SERVICES**

**ARCHES Project** 503-399-9080  
[mwvcaa.org](http://mwvcaa.org)  
 615 Commercial St NE  
 Referral information, housing programs, case management, ages 18+

**Boys & Girls Club Teens for Tomorrow (T3 Program)** 503-581-7383  
[bgc-salem.org](http://bgc-salem.org)  
 1395 Summer St NE  
 Case management, education, and employment opportunities for youth

**Congregations Helping People** 503-391-4365  
[chpsalem.org](http://chpsalem.org)  
 600 State St  
 Resources and financial help for families, first come first served  
 Mon, Wed, Thurs 9:00 a.m. – 2:00 p.m., Tues 12:00 p.m. – 2:00 p.m.

**Crisis and Information Hotline (NWHS)** 503-581-5535  
 1-800-560-5535  
 695 Church St NE  
 Crisis and suicide intervention, financial assistance for rent and utilities, Cherriots day passes, food boxes, 24 hours

**De Muniz Resource Center** 503-990-7370  
**Community Action Reentry Services (CARS)**  
 3950 Aumsville Hwy SE  
 Assistance with transition from incarceration back to the community, case management, transportation, clothing, and connecting to resources

**Department of Human Services, Self Sufficiency**  
 Keizer: 3420 Cherry Ave NE, Suite # 110 503-373-0808  
 Salem: 4074 Winema Place, Bldg 53 # 100 503-378-2731  
 Salem: 1185 22<sup>nd</sup> St SE 503-378-6327

**Dream Center** 971-599-3166  
[saalemdreamcenter.org](http://saalemdreamcenter.org)  
 Help with ID, employment, SSI/SSID, housing, and meals

**MWVCAA Home Youth & Resource Center** 503-391-6428  
**Drop In Center**  
[mwvcaa.org/programs/hyrc](http://mwvcaa.org/programs/hyrc)  
 625 Union St  
 Day shelter for youth 11 – 17, 18 if in school or GED Program  
 Daily from 12:00 p.m. – 7:00 p.m.

**Mission Transition** 503-576-4600  
**Referrals** 503-576-4690  
 3878 Beverly Ave NE, Bldg H  
 Case management for young adults 16 – 25 with mental health diagnosis

**Neighbor to Neighbor** 503-585-0651  
[n2nmediation.org](http://n2nmediation.org)  
 945 Columbia St NE  
 Offers free mediation services to youth and families

**Salem Rainbow Youth**  
[rainbowyouth.org](http://rainbowyouth.org)  
 700 Marion St NE  
 Social support for LGBTQ youth ages 18 and under  
 Thursday youth group meetings 6:00 p.m. – 8:00 p.m.

**Salvation Army** 503-585-6688  
 1977 Front St  
 Emergency services and financial assistance as resources are available

**St. Vincent de Paul** 503-364-3210  
 3745 Portland Rd NE  
 Emergency services and financial assistance as resources are available

**MEAL SITES**

ARCHES	1164 Madison	Lunch @ Noon
HOAP	694 Church St NE	Lunch @ Noon
Salvation Army	1977 Front St	Lunch @ Noon
Simonka	5119 River Rd N	Breakfast, Lunch, Dinner
Union Gospel	345 Commercial St NE	Lunch @ Noon Dinner @ 5:30

**UTILITIES**

Energy Assistance (Weatherization)	503-588-8491
Energy Assistance (Utilities Assistance)	503-588-9016
NW Human Services	503-581-5535
Oregon Telephone Assistance	503-378-6600
Salvation Army Oregon HEAT	503-585-6688
St. Vincent de Paul	503-364-5672

Information contained herein is accurate as of the date of publication; hours, location, phone numbers, etc. may have changed. Contact the specific agency for additional information.

# COMMUNITY RESOURCES



## MCKINNEY - VENTO PROGRAM

1309 Ferry Street SE  
 Salem, Oregon 97301

Phone: 503-391-4060